

**For immediate Release
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**FREE HEART SCREENING FOR TEENS
OFFERED AT KINGWOOD CHURCH OF CHRIST**

KINGWOOD, Texas — October 2026 – Championship Hearts Foundation, a Texas nonprofit agency founded in 1999, is partnering with the WellBeyond Foundation to coordinate a FREE heart screening for **Houston area teens** ages 12-18. This screening will take place Saturday, **October 31, 2026**, from 9 a.m. to 1 p.m. at Kingwood Church of Christ. Online registration is required. There is limited availability.

With approximately 1 in 250 students at risk for heart abnormalities, both athletes and non-athletes are encouraged to get their heart screened for possible genetic heart conditions. This includes hypertrophic cardiomyopathy (HCM): the leading cause of sudden cardiac death (SCD) in young people.

Parents are invited and encouraged to accompany their students during the tests. Results are immediate. Online pre-registration is required through [champhearts.org](https://www.champhearts.org). Additionally, students must have a signed parental waiver in order to receive the heart screening. The waiver is available to print from the pre-registration website and will be available at the event. Adults and high school volunteers are needed and can also register at [champhearts.org](https://www.champhearts.org).

"We, as a community, are deeply engaged in providing a safe environment for kids to participate in sports. Screening for symptoms and abnormalities detected on a 12-lead ECG and brief echocardiogram may indicate need for additional testing to rule out a significant cardiovascular condition that may be linked to SCD" says Dr. Silvana Molossi, Associate Chief of Cardiology, Division of Cardiology, Texas Children's Hospital, and Vice President of Science & Research for the non-profit Championship Hearts Foundation.

The Championship Hearts Foundation screening includes a 12-lead electrocardiogram (ECG) and a limited two-dimensional echocardiogram (ECHO, or picture of the heart) to detect HCM, along with several other conditions predisposing to SCD, albeit not all. Both the ECG and limited ECHO are non-invasive, painless and valued at over \$700; these tests are not included in standard pre-participation sports physical examinations. The Championship Hearts screening model is recognized by the Texas Chapter of the American College of Cardiology as a quality initiative.

Local volunteer pediatric cardiologists from Texas Children's Hospital will provide **immediate screening results** for the 10/31 participants. This screening is made possible in part, by a grant from the WellBeyond Foundation and the complimentary use of medical equipment from Texas Children's Hospital and the facilities at Kingwood Church of Christ.

The Miller family took advantage of a CHF Free Teen Heart Screening. "We're incredibly grateful for the Championship Hearts Foundation and the service they provide," Tom Miller says. "Normally, the screenings provide a check-the-box activity giving a person confidence regarding their health. In rare, abnormal cases, it can make a difference between life and death."

For more information or to register for the screening, visit the Foundation's website (www.champhearts.org) or phone (512) 900-3243 ext. 4 or (888) 884-6945.

WellBeyond Foundation (<https://www.wellbeyondfoundation.org/>) is a 501(c)(3) Charitable organization founded in 2025 by Kyle and Mackenzie Phillips to honor the legacy of their parents, who both died much too young of heart related issues. The WBF mission is to turn their loss into lifesaving action for other families.

Championship Hearts Foundation (<https://www.champhearts.org/>) is a 501(c)(3) nonprofit agency based in Austin, Texas. Championship Hearts focuses on the prevention of sudden cardiac death by screening teens for Hypertrophic Cardiomyopathy and other cardiac abnormalities.

Texas Children's Hospital (<https://www.texaschildrens.org/>) is a highly awarded and recognized hospital with a mission to create a healthier future for children and women throughout our global community by leading in patient care, education and research.

Kingwood Church of Christ (<https://www.kwcoc.org/>) is located at 2901 Woodland Hills Drive, Kingwood, TX 77339.

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